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ABSTRACT

Intended to provide information on various health related services available to residents of the Navajo Reservation and nearby areas, the directory lists over 75 organizations or programs which provide a consumer service. These services are divided into 17 categories: alcoholism, community service, child development, clinics, county health offices, dental programs, handicapped service, health education, housing programs, mental health programs, nursing homes, private hospitals, senior citizen services, social security, social services, U.S. Public Health Service, and Utah Navajo Development Council. Information given for each entry includes the name, address, telephone, office hours, services provided, eligibility requirements, and sponsoring organization, where appropriate. All entries are alphabetically listed within categories, and categories are organized alphabetically. An alphabetical index is provided. Among the services listed are the Gallup Friendship House, Ganado Alcoholism Program and Rehabilitation Center, Community Health Representative Program, Donated Food Program, Emergency Food and Medical Service, Navajo Nation Family Planning Corporation, Navajo Optics, Christian Child Care Service, Project Developmental Continuity, Canoncito Health Management, Monument Valley Dental Clinic, Trainable Mental Handicapped School, Chinle Extended Care Facility, Foster Grandparents Program, and Tribal Welfare Services. (NQ)

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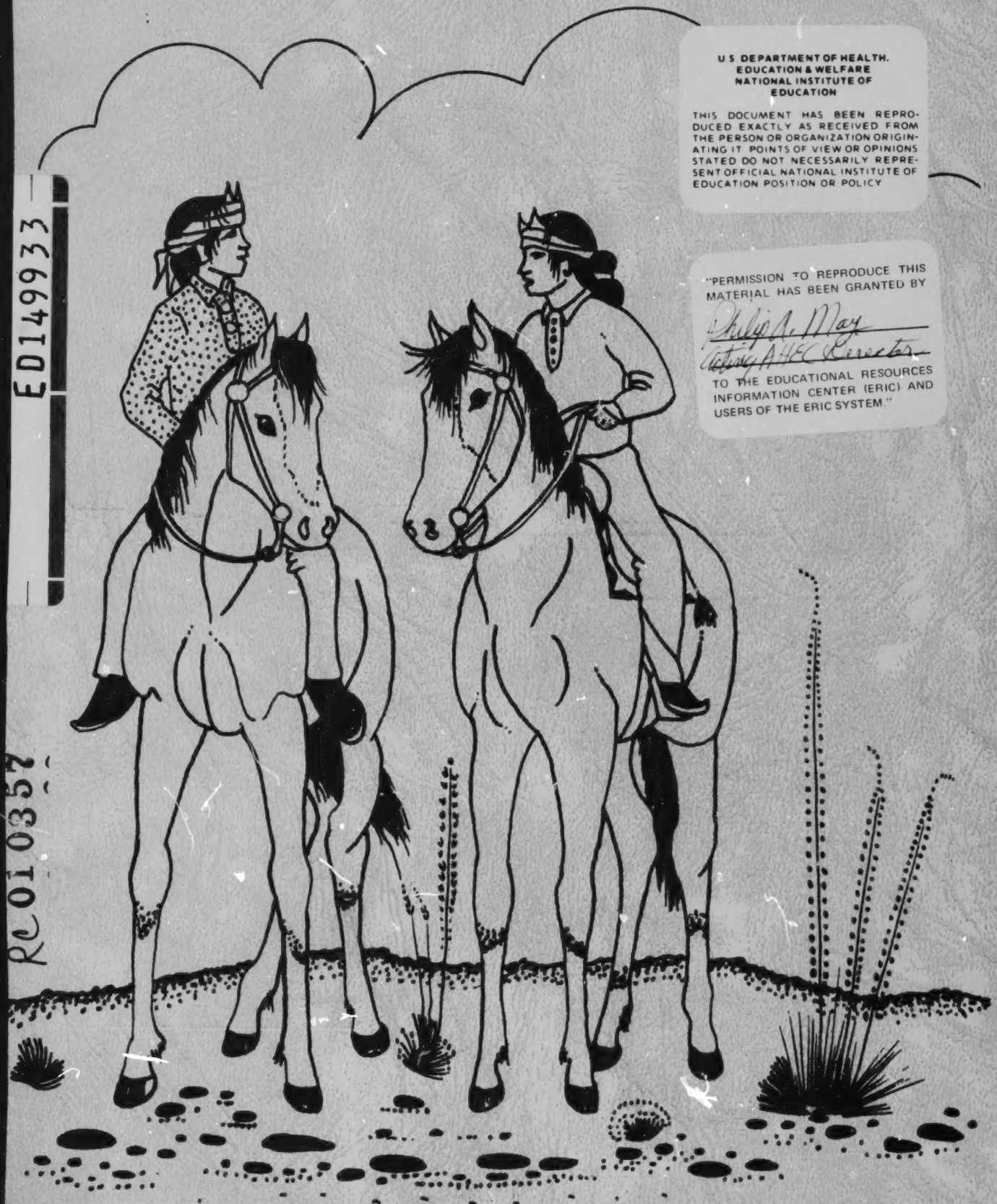

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HEALTH RESOURCES DIRECTORY

COMPILED BY

AREA HEALTH EDUCATION CENTER
NAVAJO HEALTH AUTHORITY
OFFICE OF HEALTH STATISTICS & RESEARCH

THIRD EDITION - AUGUST 1977
BY
NAVAJO HEALTH AUTHORITY

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INTRODUCTION

The Navajo Health Authority as part of its continuing efforts to make health care available to all Navajos through health education and research, has undertaken the revision of the Health Service Directory previously published by this organization in 1973. In the course of four years many organizations have changed their locations, phone numbers or the focus of their services. Many other organizations have gone out of business. All entries from the previous directory have been checked, their prices, business hours, and services confirmed. The presentation of information has been simplified in the hope of making the directory more useful.

Throughout the task of compiling and editing this directory, the guiding philosophy has been to provide information for use by consumers. We asked ourselves, "Who will be using the directory and what will they want to know?". A number of programs have been deleted because although they deal with health, they do not primarily provide a consumer service.

No claim is made for the comprehensiveness of this directory. For example, the Indian Health Services provides many services through a variety of programs. Rather than list all of these, we have listed only IHS Hospitals and clinics because in most cases these are the first, and often only, contacts individuals have with the health care system. Where more specific services are required, the hospitals and clinics can often provide information and referrals. Other organizations such as BIA Social Services, and Tribal Community Health Representatives are listed which provide direct services and also a liaison with other organizations and programs.

There are two ways to locate services through the directory. If the name of a particular organization is known, its reference may be found in the alphabetical index at the back of the volume. If a particular service is needed, the user should consult the categorical table of contents and locate the organization which will best suit his/her needs. All entries are alphabetically listed within categories and categories are organized alphabetically.

It is hoped that this directory will provide not only information but will also be a tool for health education by showing the variety of health related services available to residents of the Navajo Reservation and nearby areas.

Any questions which one has about the directory should be addressed to Navajo Health Authority, Office of Health Statistics and Research, P. O. Box 643, Window Rock, Arizona 86515.

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ORGANIZATION:

NAME
ADDRESS

GALLUP FRIENDSHIP HOUSE
301 East Aztec
Gallup, New Mexico 87301

TELEPHONE 505/722-3804
OFFICE HOURS 8-hrs a day, 5-days a week
Other hours 24 hours; 7-days a week

SERVICES: Provide assistance to all in need. We provide counseling, lectures, and film strips. A.A. meeting on Wednesday nights and Saturday nights. The community is invited to come and talk with the staff or participate in discussions which are cultural, spiritual and A.A. in nature.

ELIGIBILITY: A physical examination is required before entering the program. They must have been sober for more than 72 hours and are required to take antibuse. They must stay at least 30-days or more. We have facilities for four (4) women and ten (10) men.

ORGANIZATION: Ganado Alcoholism Program and Rehabilitation Center

NAME:
ADDRESS: Ganado, Arizona 86505

TELEPHONE: 602/755-3769, 3770
HOURS:

Open 24 hours

SERVICES: Clients are admitted for 15 days or extensions are given on the basis of evaluation on their progress. After the evaluation, they are given vocational therapy and are evaluated at 30 days. Upon completion of therapy the person can earn $30 stipend by making/working on caskets, leather crafts, silversmithing, ceramics, animal husbandry, handcrafts, heavy equipment operator. After a stipend is given there is a $1.00 charge for meals and room is $25/ month for those who earn $2.50 p/h or more in their employment and do not or have not found a place to live. We have client trainee placement where we send the person off the reservation for employment if that is what he chooses. Some attend college after rehabilitation. After the discharge, we keep in contact with the client by a monthly letter if the client is off-reservation. A home visit is done in 6 months. After the 6-month home visit, we do an annual follow-up either by home visits or by letter. The basic principle is to instill in the individual to become productive and providing again.

ELIGIBILITY: Services are provided to anyone without regard to race, color, or creed. Eligible are those who are believed to be outcasts from their family, community or social circle; in need of help with their problems. People who have nowhere to go; no one to turn to for help.

ORGANIZATION:

NAME
ADDRESS

Navajo Alcoholism Drug Abuse Program
Office of Navajo Economic Opportunity
P. O. Box #589
Fort Defiance, Arizona 86504

TELEPHONE
OFFICE HOURS

Central Office -- 729-5211/729-5225
8:00 a.m. - 5:00 p.m. Monday to Friday

SERVICES:

To provide a comprehensive Alcoholism Program and services to meet the needs of the people and communities. The program takes a total view of Alcoholism providing rehabilitation services, assistance with treatment, health education and consultation services.

Services may be obtained by appointment, referral and walk-in. Clients will be interviewed and receive counseling. Client has the right to refuse to accept Intake. Treatment Plan will be arranged with clients accepting intake. Clients accepting an abuse treatment and admission to treatment centers must have a physical examination prior to intake.

Page Local Alcohol Recovery Center Telephone: 602/645-3558
Box 595
Page, Arizona 86040

Lupton Local Alcohol Recovery Center Telephone: 602/688-2677
Box 87
Lupton, Arizona 87508

Twin Lakes Recovery Center Telephone: 505/735-2201
Farmington Star Route
Gallup, New Mexico 87301

Consult your telephone Directory for Local Agency Office.

ELIGIBILITY:

(Adults) Anyone with a drinking problem who is interested in overcoming his/her drinking problem. (Juvenile) We encourage the parent/parents or helping person to be present.

ORGANIZATION:

NAME: NORTHERN ARIZONA COMPREHENSIVE GUIDANCE CENTER (affiliated with Coconino Community Guidance Center, Inc.)

ADDRESS: 611 North LeRoox
Flagstaff, AZ 86001

TELEPHONE: 602/744-5097

OFFICE HOURS: 8:00 a.m. to 5:00 p.m. Monday thru Friday

SERVICES: Provides mental health, alcoholism, drug abuse counseling services. No regard to race. Residential halfway houses and emergency detoxification centers are available at the following locations:

CPAR, 1820 East 6th Street, Flagstaff, AZ - 774-5216

305 West Deale, Winslow AZ

Kingman, AZ - 753-6268

There is a sliding fee scale based on ability to pay.

ELIGIBILITY: No restrictions.

ORGANIZATION: GIACC

NAME / ADDRESS: Southwest Indian Foundation
308 East Hill
Gallup, New Mexico 87301

TELEPHONE: 505/863-9568

OFFICE HOURS:

SERVICES: Southwest Indian Foundation provides assistance for home repair primarily to elderly Navajos in the Checkerboard area. Referrals are taken from anyone and should be made to Mr. Ambrose Roanhorse. Also provide employment for recovering alcoholics and referral and follow-up through Turquoise Club which is open 5-6 days a week 8:00 a.m. to 8:00 p.m.
Ford Canyon Youth Center (505/722-9445) provides for drug abuse counseling for youth ages up to 19.

Community Mental Health Center (505/863-3148)
407 South Second
Gallup, New Mexico 87301
Provides counseling of all types to anyone that needs it. Sliding fee scale.
Friendship House (505/722-3802)
Provides 30-day inpatient treatment for alcoholics.

Thoreau Community Center will open an alcoholism counseling center.

ELIGIBILITY: All the above programs are open to anyone that needs help. Except the Youth Program which has an age limit of up to 19 years of age.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME: Child Development Program
ADDRESS: P. O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE: 602/729-5250, 5256
OFFICE HOURS: 8:00 a.m. to 5:00 p.m.
Monday thru Friday

SERVICES: Provide early childhood education with culturally based activities and developmental screening. Provides health, dental, social, and nutritional services. ONEO child development programs serve nearly every chapter community within the Navajo Reservation including seven (7) Headstart Centers surrounding Bluff, Utah, and in San Juan County.

ELIGIBILITY: Preference is given to families with income below the OEO poverty guidelines.

Children ages 3½ to 5½ years follow these patterns:

1. Children with special needs;
2. 5 year olds who have not previously attended school; and
3. 4 year olds.

ORGANIZATION:

NAME / ADDRESS: Christian Child Care Services
220 West Jefferson
Gallup, New Mexico 8730[illegible]

TELEPHONE: 505/863-6046

OFFICE HOURS: Open 24 hours.

SERVICES: Provide 24-hour care for abandoned and neglected children, temporary or emergency cases, for and around the community. The child care center services take children usually from the police department and/or by referral in conjunction with State Welfare Offices, Bureau of Indian Affairs and Public Health Services and other organizations. The center shelters 10-15 children from 3 weeks old to 17 years of age.

The adoption services are handled by the Health and Social Services Department, New Mexico State.

ELIGIBILITY: Any abandoned or neglected child for temporary or emergency care.

The center charges $5.33 per day per child. This cost will probably go up.

ORGANIZATION:

NAME
ADDRESS

Hogan Hozhoni
Child Care Service
Box 645
Window Rock, Arizona 86515

TELEPHONE
HRS:

602-871-4021
24 Hours

SERVICES:

To provide services for abandoned, neglected and abused children age 0-18. The child or children would have to be referred through the BIA Social Service or Police Department.
The facility holds 29 beds, with 3 isolation rooms, 10 cribs and 19 beds. The children attend local schools: St, Michaels Special Education, Window Rock Elementary and Fort Defiance.

ELIGIBILITY:

There are no restrictions on area service or to which child is served but the child has to be referred.

ORGANIZATION:

NAME
ADDRESS

Manuelito Navajo Children's Home, Inc.
P. O. Drawer B
Gallup, New Mexico 87301

TELEPHONE
OFFICE HOURS

505/863-5530
8:00 a.m. to 4:00 p.m.

SERVICES:

To provide a home for dependent and neglected children. This includes all care of the children including education.

ELIGIBILITY:

Any dependent and neglected child who has no one who can or will provide for said child. Ages 1 month to 12 years old. We keep them until they are 18 years old. The child must be in good physical health as we are not set up for retarded or severely physically handicapped children.

ORGANIZATION: ONEO

NAME: Navajo Homebased Headstart
ADDRESS: Box 589, Fort Defiance, Arizona 86504

TELEPHONE: 602/729-5258
HRS: 8:00 a.m. to 5:00 p.m. Monday thru Friday

SERVICES: Provide Headstart teaching to children located in isolated areas or areas where there is no center based headstart available. There is one master teacher per 12 children. These teachers provide teaching at the homesite.

ELIGIBILITY: Children ages 3 1/2 to 6.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME / ADDRESS: Project Developmental Continuity
Dilcon Boarding School
Winslow, Arizona 86047

TELEPHONE: 602/657-3277

OFFICE HOURS: 8:00 a.m. to 5:00 p.m.
Monday thru Friday

SERVICES: Pilot project to provide continuity of services between one BIA school and three headstart centers. There are seven (7) components to these services: parent involvement; support services; bilingual education; handicapped services; in-service training, mainly for staff people; educational development and administration. One (1) BIA school and three (3) other centers are being utilized as comparison sites. We compare the activities in both the BIA and ONEO centers to see which has more impact on the student. This is to give pre-school students experience before entering Kindergarten.

ELIGIBILITY: There are 45 target children who will be followed with coordinated services from Headstart through third grade. These students are recruited by CHR, LCDP, or a Social Service Coordinator. Ages 4-5 years are ideal for the program.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME: Summer Migrant Headstart
ADDRESS: P.O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE: 602/729-5220, 2446
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: The objective of this program is to help existing migrant programs provide nutritional meals; health and social services; and meaningful learning experiences for the mental, emotional, and linquistic developments of the Navajo Migrant Children Day-Care Centers and Headstart. These centers are situated in Escalante Valley, Utah, and San Luis Valley, Colorado. These centers operate from 7:00 am to 7:00 pm.

ELIGIBILITY: Navajo children whose parents are employed as migrant farm workers and who are under the OEO poverty guidelines.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME / ADDRESS: The Navajo Day Care Center
P. O. Box 589
Fort Defiance, AZ 86504

TELEPHONE / OFFICE HOURS: 602/729-2481 or 2490

SERVICES: To provide an environment whereby children develop and learn through playing with other children. Where mental and physical growth is fostered and where nutritious food, health supervision, medical care, rest and activities are provided as needed. To provide a healthy environment for young children of working parents.

ELIGIBILITY: Services are limited to children, 6 months to 5½ years of age. The basic fees are in accordance with the parent fee scales. The average price of common services is $5.25 per child per day. This includes the overall coverage of the services to the staff, child and manpower. The cost per child depends greatly on the salary of the parent according to the approval parent fee scale.

ORGANIZATION: The Navajo Tribe

NAME: Women, Infant and Children Program (WIC)
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-4941 Ext. 566/563
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Serving pregnant women up to 6 months postpartum and women who are breast feeding up to 1 year. Infants up to 5 years old. The infants are provided with iron fortified cereals, infant formulas and some baby food. Older children and adults are provided with fruit juices, cheese, milk concentrate or dry milk, some fresh milk. All are in form of food vouchers.

WIC clinics are located at the following locations:

Bluff clinic Utah 801/672-2241
Chinle WIC clinic AZ 602/674-5492
Crownpoint WIC clinic NM 505/786-5634
Ft. Defiance WIC clinic AZ 602/729-5162
Gallup Community Center NM 505/722-4767
Ganado Sage Memorial hosp. AZ 602/755-4311
Kayenta PHS clinic 602/697-3302
Keams Canyon PHS hospital 602/738-9313
Monument Valley hospital Utah 801/727-3241
Shiprock PHS hospital 505/368-5165
Tuba City WIC clinic 602/283-5404
Window Rock, Central Office 602/871-4508
Winslow WIC clinic AZ 602/289-5069

ELIGIBILITY: No regards to race, free, reduced rates
Screening process for eligibility:

High risk pregnant or lactating women who exhibit: Inadequate nutritional patterns, anemia, underweight, overweight, history of prematurity or miscarriage, younger than 17, older than 35, diabetes or other chronic disease, pregnancy within last 18 months.

Infant and children (1 year up to 5 years) who exhibit: Anemia, underweight, overweight, failure to thrive, infantile diarrhea, frequent infections, poor dietary intake.

ORGANIZATION: BIA

NAME: Young Adult Pre-Vocational Program
ADDRESS: Aneth Community School
Aneth, Utah 84510

TELEPHONE: 801/651-3271
HOURS:

SERVICES: Young adults program is for older boys and girls who have very little, or no previous schooling. Students are given training and instruction in preparation for industrial training and vocational schools. Each student is assigned to regular academic subject geared to his or her ability with special emphasis on language, math skills and the student's academic deficiencies. Students need to apply through their own agency office - Branch of Education or Branch of Social Service Office. Physically handicapped students are accepted.

Students are brought up to their appropriate academic level then sent to regular schools or placed in on-the-job training.

ELIGIBILITY: Students 13 to 21 years of age.
Academically or educationally retarded.

ORGANIZATION: Indian Health Service (Albuquerque)

NAME: Alamo Health Clinic
ADDRESS: Magdalena, New Mexico

TELEPHONE: 505/842-5555 (mobile phone)
HOURS: 10:00 am to 3:30 pm during the summer
8:00 am to 12:00 pm during school year at the dormitory

SERVICES: We work in conjunction with the Socorro County hospital and Bernalillo County Medical Centers. Minor health services, coughing, sore throats, small aches and pains, throat cultures, are handled by a Community Health Medic in case of extreme emergencies. Patients are taken to either one of the two hospitals mentioned above.

Alamo clinic is open 24 hours for emergencies. Alamo clinic has one (1) CHM, one (1) part-time RN and one (1) CHR.

ELGIBILITY: Free medical services are provided for Indians only at the Alamo Health Clinic.

ORGANIZATION:

NAME
ADDRESS

Apache County Guidance Clinic
P. O. Box 72
J.P. Office
Sanders, Arizona 86512

TELEPHONE 602/688-2689

OFFICE HOURS 9:00 a.m. 5:00 p.m. Monday thru Friday

SERVICES:

Provide mental health services to Apache County residents where services do not exist. These services are:

- Marriage and family
- Schools
- Drug and alcohol
- Counseling

Locations are:

- Sanders- Burnt-Water
- Lupton
- Houck

ELIGIBILITY: Apache county residents only

ORGANIZATION:

NAME
ADDRESS

Canoncito Health Management Program
P. O. Box 498
Laguna, New Mexico 87026

TELEPHONE

OFFICE HOURS

8:00 a.m. to 5:00 p.m.
Monday thru Friday

SERVICES:

Primarily for community development and staff development in the following area:

CHR
Otitis Media
EMT
MCH
Nutrition

Has an outpatient facility providing service in routine health maintenance 8:00-5:00. A nurse is on duty Thursday 8:00-5:00. No dental services. We refer people in need of dental services to Laguna Health Center.

ELIGIBILITY:

No regard to race.

ORGANIZATION:

NAME
ADDRESS

First Navajo Baptist Church & Clinic
P. O. Box 308
Crownpoint, New Mexico 87313

TELEPHONE
OFFICE HOURS

505/786-7114
8:00 a.m. to 5:00 p.m.

SERVICES:

Provide clinical and ministerial services for the community of Crownpoint. The clinic has a small X-ray and laboratory facilities. Service is provided free of charge to anyone that needs it. Services are rendered only on an out-patient basis. Transportation can be provided by the mission.

ELIGIBILITY:

None.

ORGANIZATION: ARIZONA DEPARTMENT OF ECONOMIC SECURITY

NAME
ADDRESS

Food Stamp Program
Drawer T
Window Rock, Arizona 8651 5

TELEPHONE 602/871-4729, 4626
OFFICE HOURS 8:00 a.m. to 5:00 p.m. Monday thru Friday

SERVICES:

Food Stamp Program:

1. Provide family with adequate diet;
2. Serve as supplement income to families; and
3. They can purchase type of food needed.

Emergency assistance provided if applicants has no income 30-days prior to date of application, but referral to other resources are sought first.

Schedules are posted at chapter houses and trading posts each month. To fill application bring: 1) most recent payroll check stub; 2) verification of income; 3) shelter expenses; 4) hospital expenses; and 5) family card with Social Security Number.

Chinle: 674-5960
Kayenta: 697-3509
Tuba City: 283-6695

ELIGIBILITY: Depends on income of applicant. Arizona residents. Recipients cannot be active for both food stamps and donated food in the same month.

ORGANIZATION:

NAME: LaVida Mission
ADDRESS: Post Office Box 1289
Farmington, New Mexico 87401

TELEPHONE: 505/786-5539
HOURS: 8:30 am to 5:30 pm
Monday thru Friday

SERVICES: Provides education, automotive assistance, spiritual counseling, clothing for the needy and medical help.

Fee: 50¢ for adults; 25¢ for children, for medication
Nurse coverage all the time at the clinic. No ambulatory services. We use ambulance service from Crownpoint.

Dental: Provides examination and cleaning - Fee: $2.00
tooth extraction: $3.00
Free for other denture material and service.

Optometrist: Available every six (6) weeks. Fee of $50 for examination, frames and glasses.

ELGIBILITY: No eligibility requirements. The clinic is for Indians and non-Indians.

ORGANIZATION: McKinley County Health Office

NAME: 306 S. 5th Street
ADDRESS: Gallup, New Mexico 87301

TELEPHONE: 505/722-4391
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: To provide regular Public Health Services, dealing with preventable illnesses and disabilities.

Well Baby Clinic - 3rd Tuesday 1:00 pm to 4:30 pm

Immunization Clinic - Wednesday 8:00 am to 12:00 noon
1:00 pm to 4:30 pm

Family Planning - 2nd and 4th Monday evening of each month
5:00 pm to 8:00 pm By appointment only

TB Test - Monday thru Wednesday and Friday 8:00 am to 4:30 pm

Pregnancy Test - Modnay thru Friday 8:00 am to 4:30 pm

Crippled Children's Service - Further information contact the above telephone number.

ELIGIBILITY: Residence of McKinley County.
Fee for services varies with income

ORGANIZATION:

NAME
ADDRESS — Navajo County Health Department (located behind the old courthouse)
Holbrook, Arizona 86025

TELEPHONE
OFFICE HOURS — 602/524-3562

SERVICES: To provide services: immunization clinics; well-child clinic; family planning clinics; tuberculosis clinics; mental health clinics, offering individual and family counseling, together with psychiatric and psychological consultations, including psychological testing where indicated.

ELIGIBILITY: None.

ORGANIZATION:

NAME
ADDRESS — Navajo Luthern Mission Clinic
Rock Point Trading Post
Chinle, Arizona 86503

TELEPHONE — 659-4218
OFFICE HOURS — Open 24 hours.

SERVICES: Since there is no resident doctor at Rock Point, we have a health clinic where we help 500-700 patients each month. We also help the Navajo People with letter-writing and telephone calls. We give free baby layettes, baby food for which we charge a small fee, and health education to those who come to our clinics.

Small charge for medication to all patients.

Patients come to the Clinic whenever they need help. No one is refused help whether they pay or not - emergency or otherwise.

Anyone stranded, we have facilities for them to stay overnight.

ELIGIBILITY:

ORGANIZATION: Presbyterian Medical Services

NAME: Checkerboard Area Health System
ADDRESS: P. O. Box 638
Cuba, New Mexico 87013

TELEPHONE: 505/289-3291
HOURS: 9:00 am to 4:00 pm
CLOSED: Wednesday afternoon
EMERGENCY: Open 24 hours

SERVICES: 10 bed hospital: Provides general medical care. All satellite clinics are open only part of the week. schedule and locations are as follows:

Counselor Clinic: Monday thru Friday, 9:00 am to 4:00 pm
Huerfano Clinic: Monday, Thursday, & Friday, 9:00 am to 4:00 pm
Wednesday, 1:00 pm to 5:00 pm

Jemez Valley Clinic: same as Nageezi
Nageezi Clinic: Monday, 9:00 am to 4:00 pm
Tuesday and Thursday, 1:00 am to 4:00 pm
Friday, 9:00 m to 4:00pm

Ojo Encino Clinic: Tuesday, Wednesday, & Friday, 9:00 am to 4:00 pm
Torreon Navajo Clinic: Monday, Tuesday and Thursday

Dental Services are available at Cuba Health Center and Nageezi Clinic.

Emergency, walk-in, appointments are taken. Services are free to all Navajo Indians.

Special Clinics are available by appointments only and to get the appointment, see one of the physician at any of the clinics. eye clinic, EMT, orthopedic, cardiac, podiatry.

ELGIBILITY: Varies with income. Navajo Indians free.

ORGANIZATION:

NAME St. Isabelle Mission
ADDRESS Lukachukai, Arizona

TELEPHONE 602/787-2329
OFFICE HOURS 8:00 a.m. to 5:00 p.m. Monday thru Friday

SERVICES: Provide small clinical service to the people in the Lukachukai area. A doctor lives at the mission and she provides the service. She also assists I.H.S. on:

Tuesday - P.H.S. clinic
Wednesday - well baby clinic.
Friday - school children (academic year)
Monday & Thursday - N.C.C. clinic all day.

The mission does not provide extreme emergency services, they will call the ambulance from Chinle.

ELIGIBILITY: There is no fee for the services.
Anyone is entitled to the Mission Clinic.

ORGANIZATION:

NAME
ADDRESS

San Juan County Health Department
620 South Lake Street
Farmington, New Mexico 87401

TELEPHONE
OFFICE HOURS

505/327-4461

SERVICES:

To render services: sanitation, control of communicable disease, promotion of health education, medical care, referral services.

Specific services: immunizations, every Wednesday 8:00 a.m. to 4:30 p.m.

Family planning - every 2nd & 4th - Thursday 2:00 p.m. to 6:00 p.m.

Pregnancy testing - Monday to Friday 8:00 a.m. - 5:00 p.m.

San Juan County residents:
Hypertension Screening
Tuberculosis Program - testing every day except Thursday; chest x-rays; and medication are provided to patients.

Clinics in: Aztec Community Center 9:00 a.m. to Noon; 1st & 3rd Friday
Bloomfield Fire Station - 9:00 a.m. to Noon; 2nd Friday
Blanco Catholic Church - 9:00 a.m. to Noon; 4th Friday

ELIGIBILITY:

Crippled Children's Services provided to families with children who have orthopedic problems, hearing and vision problems, etc. A representative of CCS is at the Health Office every Tuesday.

ORGANIZATION: State of New Mexico

NAME: San Juan County Welfare Agency
ADDRESS: 3340 East Main
Farmington, New Mexico 87401

TELEPHONE: 505/325-1831
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Provided are:

a) Money for food, clothing, and shelter for families in need.

b) Payments for medical care that the family needs.

c) Help from the Social Worker to solve family problems and plan for the family to become self-supporting again.

Aid to Family With Dependent Children (AFDC) is for children and their families who need money to live on because a parent is dead, disabled, absent from home, or (in some cases) unemployed. If there are children in the household and do not have enough money for food or a place to live. Your County Welfare Agency may be able to help you.

ELIGIBILITY: Children under 18 years of age.

ORGANIZATION: W. E. Toney, Physician

NAME: Dr. Toney, Physician
ADDRESS: 218 E. Chuska
Aztec, New Mexico

TELEPHONE: 505/325-1831
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: General practitioner
Lab service
X-ray available (chest & bone only)
Good quality service

ELIGIBILITY: Anyone that needs medical attention.

ORGANIZATION:

NAME: Community Health Representative Program
ADDRESS: The Navajo Tribe
Window Rock, Arizona 86515

TELEPHONE: Telephone Nos: 602/871-5595 or 5596
HOURS: 8:00 a.m. to 5:00 p.m. (Monday through Friday)

SERVICES:

(1) The provision of educational information on prevention, recognition & primary treatment of common health problems to enable the individual to make informed decisions regarding personal & family health maintenance.

(2) The accurate & appropriate identification of referral agencies which may assist the individual in seeking assistance &/or resolution of health and health-related problems.

(3) The recognition of disease symptoms & screening of community members to permit early diagnosis and treatment of disease.

(4) The provision of basic home nursing and rehabilitative services to assist the family and individual in effectively caring for temporary or permanent disability resulting in the expedient restoration of health.

(5) The reporting to local, tribal, and federal officials and the organization of communities to seek improvement of enviromental and other factors which may inhibit or prevent health maintenance.

ELIGIBILITY: Services available to any Indian person residing within the boundaries of the Navajo Reservation.

ORGANIZATION:

NAME: Donated Food Program
ADDRESS: P. O. Box 308
Window Rock, Arizona 86515

TELEPHONE: (See below)
HOURS: 8:00 a.m. to 5:00 p.m.

SERVICES: Through USDA, provides the four basic food groups to all who are eligible.

1. Navajo or Anglo (related to Navajo by marriage or otherwise).
2. Resident of Arizona and is living on the reservation.
3. Is not currently on food stamps.
4. Emergency assistance is given depending on the situation.

Food is distributed according to size and income of family. Child in boarding school or any member of the family away from home is not included.

To fill-out application: bring family card, social security card, check stub for verification of income. Applications are taken within the chapters at the distribution point and statellite warehouses:

Fort Defiance, AZ:	602/729-5264
Leupp, AZ :	602/656-3234
Teec Nos Pos, AZ :	602/283-5439
Tuba City, AZ :	602/686-6226

Food is distributed to most of the chapters on the reservation. Schedules are submitted to the chapters each month.

ELIGIBILITY: Applications can be taken the same day distribution is made. If a recipient of donated food wishes to apply for food stamps, they would have to have a POP sheet form filled out by Donated Food. The form is then taken to Food Stamp. If a recipient of food stamps wishes to receive donated food, they will have to have a POP sheet form filled out by Food Stamp and taken to Donated Food.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME: Emergency Food & Medical Services
ADDRESS: P.O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE: 602/729-5945, 5162, 5253
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Food demonstrators teach nutrition and prepare food at commodity food distributions. Food demonstrators encourage other organizations to use our program to teach the people on nutritional and health education. Along with the teaching, representatives will cook with the people in their homes and will teach the people basic child care, feeding and care of the elderly, consumer education in basic 4-food groups, canning, comparable shopping. Coordinate and provide more and better information on the congregate meal program, women, infant, and children program, Food Stamp Program, Commodity Food Program. The representatives inform the chapters of location and next distribution of the latter program. There are "spot talks" on the radio for programs that are concerned in providing educational information to the community on subjects relevant to promotion of consumer education.

ELIGIBILITY: Our contract allows for rural income people so it serves the total Navajo Reservation.

ORGANIZATION: The Navajo Tribe

NAME: Emergency Medical Services
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-5306, 5334
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Emergency Medical Services provides emergency services to people who are sick, and/or injured and/or expectant mothers in case of emergency. Transportation is provided to the nearest medical facility. The following locations can be called 24 hours emergency service:

Chinle, AZ 602/674-5282
Crownpoint, NM 505/786-5291
Fort Defiance, AZ 602/729-5741
Kaibeto, AZ 602/673-3497
Kayenta, AZ 602/697-3211
Shiprock, NM 505/368-4971
Teec Nos Pos, AZ 602/656-3293
Tohatchi, NM 505/733-2244
Tuba City, AZ 602/283-3211

911 - Emergency phone number within Fort Defiance, St.Michael, Sawmill, Tse Bonito and Window Rock area.

ELIGIBILITY: none

ORGANIZATION:

NAME: Navajo Nation Family Planning Corporation
ADDRESS: P. O. Box 527
Fort Defiance, Arizona 86504

TELEPHONE: 602/729-2666, 5741 ext. 382
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES:

Navajo Nation Family Planning Corporation (NNFPC) is a private non-profit organization dedicated to the provision of comprehensive family planning services to all people in need of such services. Services include medical, educational, counseling and outreach programs covering all topics related to planning for healthy timing, spacing and growth of babies. Fertility and sterilization counseling and referrals for other needed services are offered. We do not duplicate services of other agencies, rather we try to integrate our services with others to achieve more positive functioning of the clients within the family and community.

For more information or appointment call PHS hospital and ask for family planning services at these locations:

Chinle	602/674-5282
Gallup	505/863-3811
Kayenta	602/697-3211
Tuba City	602/283-6211
Winslow	602/289-4646

ELGIBILITY:

Anyone of child bearing age is eligible.

ORGANIZATION:

NAME: NAVAJO OPTICS
ADDRESS: P. O. Drawer W
Fort Defiance, AZ 86504

TELEPHONE: 729-5781, 5782, or 5783
HOURS: 8:00 a.m. - 5:00 p.m. Monday thru Friday
Fort Defiance and Crownpoint dispensaries open Saturdays
8:00 a.m. to 1:00 p.m.

SERVICES: There is a charge for examination of eyes and for eye glasses; also a small fee for repair or adjustment of frames. There is a charge for making another pair of glasses from an old prescription (or old glasses), but no charge to write out the prescription so it can be filled by another optician.

Navajo Optics has a contract with IHS to render services to all Indian school-age children. Two vans provide eye examinations at schools not served by IHS.

No optometrist is available at the following locations which are equipped only for selection of frames and ordering glasses.

Chinle : 674-5438
Crownpoint: 786-5243
Tuba City : 283-6388

IHS can assist the needy with eye-examinations and glasses. For information call IHS.

ELIGIBILITY:

ORGANIZATION: The Navajo Tribe

NAME: Streptococcal Disease Control Program
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-4182, 4183
HOURS: Field activities are conducted during the school year--ten (10) months out of twelve (12) months. Students are cultured once a month.

SERVICES: Our program is mainly a preventive medicine interested in lowering the incidence of streptococcal disease on the Navajo Reservation. We operate mostly through schools; all schools, including public schools. The schools participate on a voluntary basis with the cooperation of teachers, teacher aides, community health workers, dormitory aides, etc. These are the very people who help take throat cultures of the school children. We predominantly culture school children by a mass screening process. We also provide educational, in-service training for community health workers, teachers, teacher aides, dormitory workers.

Lab locations: Tuba City Hospital - operate year-round;
Shiprock Indian Hospital - school year only; and
Window Rock - school year only.

ELIGIBILITY: All school children. Tuba City takes adults and children not in school.

ORGANIZATION: The Navajo Tribe

NAME: Tuberculosis Control
ADDRESS: P.O. Box G
Window Rock, Arizona 86515

TELEPHONE: 602/871-5884
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Find and treat Tuberculosis patients at an early stage. Provide transportation for patients to be evaluated at chest clinics, interpret for patients and educate patients and family and communities for prevention of disease.

Keep track of all patients by computer system through Arizona Department of HEW Services. Referrals and follow-up are made when patient leaves the reservation.

A tuberculosis worker is at each of the service units.

ELIGIBILITY: Anyone that has tuberculosis or wishes to be examine for the disease. Indians only on the reservation.

ORGANIZATION: Loma Linda University of Dentisty

NAME: Monument Valley Dental Clinic
ADDRESS: P.O. Box 9
Monument Valley, Utah 84536

TELEPHONE: 801/727-3249
HOURS: Sunday and Friday 8:00 am to 3:00 pm
Monday thru Thursday 8:00 am to 4:30 pm
Closed Saturday

SERVICES: Provides full dental services (from examinations to the most sophisticated of surgery) to people living in the "Utah Strip" of the Navajo Reservation. It also is a teaching institution, training dental students and auxuillary dental personnel. Supplies jobs for Navajo girls in dental assistance. Provides preventative education in oral hygiene. There is a minimum fee and full fee schedule which is required by the State of Utah. Navajos are usually charged the minimal fee.

ELIGIBILITY: Everyone is eligible, no regard to sex, age, race, creed, color, or religion.

ORGANIZATION:

NAME
ADDRESS — Project Concern Dental Service

TELEPHONE
OFFICE HOURS — 505/327-3077

SERVICES: Through a contract with IHS, we provide dental care to the Navajos at these locations:

Bloomfield, New Mexico - located adjacent to the high school(505/632-3432).
Cottonwood, Arizona - located adjacent to the elementary school (602/725-3213).
Cuba, New Mexico - located adjacent to the elementary school (505/289-3590).
Farmington, New Mexico - located at the Old Episcopal Church on Bisti Highway (505/325-4377).
Nageezi, New Mexico - located at the Chapter House.
Newcomb, New Mexico - located adjacent to the elementary school (505/696-3403).
Sanostee, New Mexico - located at the Health Center (505/723-2484).
Torreon, New Mexico - Chapter House - (505/655-3325).
Window Rock, Arizona - located adjacent to the elementary school (602/871-5361).

PROPOSED:

1) A dental clinic in Sanders, Arizona - hopefully by the Fall 1977.

2) Outpatient medical clinic - hopefully in the Fall 1977 at the old Episcopal Church on Bisti Highway.

ELIGIBILITY: Because of the contract arrangement, both the Indian Health Service, dental offices have to serve the Navajo People without requiring payment. But patients have to pay for their own laboratory work or for replacement of teeth.

ORGANIZATION:

NAME: A School for Me
ADDRESS: P. O. Box 273
Tohatchi, New Mexico 87325

TELEPHONE: 505/722-2201 or 2200
HOURS: Twenty-four (24) hours.

SERVICES: Residential, academic and vocational services for any child that is physically and mentally handicapped. A School for Me is a private, non-profit corporation controlled by a Board of Directors which consists entirely of professional Navajos. The School has 76 student capacity with 66 ambulatory and 10 crib units. Non-Ambulatory (totally bed-ridden) patients are accepted. Patients are taken from over the reservation - some brought back from off-reservation.

Program can take temporary custody of child while awaiting settlement of family, legal or other disputes. The school will take students who do not "fit" in formal school programs.

ELIGIBILITY: Physically or mentally handicapped.
Ages 1-25 years

ORGANIZATION: Chinle Valley School for Exceptional Children

NAME: P.O. Box 1026
ADDRESS: Chinle, Arizona 86505

TELEPHONE: 602/674-3451
HOURS: 8:00 am to 5:00 pm

SERVICES: Provide health services and training in self development and self care skills to any teachable mentally retarded or physically handicapped child.

The facilities is for 37 childre, age 3 years to 18 years. Services provided are:

Child Care
Physical Therapy
Audio Visual
Special Education
Speech Therapy
Social Services which work with the parents and other organizations.

Referral are made through BIA Social Services or other agency and/or parents.

The school is unique in terms of bi-cultural commitment to the rehabilitation of education of the desirable children on the Navajo Reservation.

ELGIBILITY: Children with a mental or physical problem age 3 to 18.

ORGANIZATION:

NAME
ADDRESS

McKinley Area Services for the Handicapped
P. O. Box 1332
Gallup, New Mexico 87301

TELEPHONE 505/722-4207, 9218

OFFICE HOURS 8:00 a.m. to 5:00 p.m. Monday thru Friday

SERVICES:

1. Provide rehabilitation of handicapped persons through sheltered workshops where adult handicapped persons are trained for employment.
2. Pre-school for handicapped children also provided.
3. A group home: residential unit for handicapped men (serves 7).
4. Placement and follow-up services for those that have obtained employment.

ELIGIBILITY: Services free to anyone. Applicants have to be interviewed which can be done by setting up an appointment. Transportation is provided in Gallup and within ten (10) miles radius.

ORGANIZATION:

NAME
ADDRESS

Navajo Children's Rehabilitation Center, Inc.
Coyote Canyon
Brimhall, New Mexico 87310

TELEPHONE

505/733-2340

OFFICE HOURS

8:00 a.m. to 12:00 p.m.
Monday thru Friday

SERVICES:

To provide a program of services to handicapped persons and their families designed to maximize the capacity for self-sufficiency and self-support and deliver these services in a manner that will enable the handicapped person to remain or become a functional and respected member of his family and community. Services include residential living, pre-vocational training, hogan living skills program (in preparation), public school classroom (Gallup-McKinley residents), foster grandparents, follow-up services to home and community.

Application forms may be obtained at BIA Social Service offices. Information on program and application forms may be obtained by writing or calling the Coordinator of Student Services, Navajo Children's Rehabilitation Center, Coyote Canyon, Brimhall, New Mexico, 87310. Telephone: 505/733-2340.

ELIGIBILITY:

Moderately to severely mentally handicapped persons between 9 and 24 years of age who are residents of the State of New Mexico and who have been certified for Title XX Services. Residential program available to Indian persons placed by BIA Branch of Social Services. Currently unable to service non-ambulatory persons because of licensing restrictions.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME: Navajo Portage - Handicapped Project

ADDRESS: P. O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE: 602/729-5360

OFFICE HOURS: 8:00 a.m. to 5:00 p.m.
Monday thru Friday

SERVICES: To provide total service for handicapped children on the Navajo Reservation, ages 3½ to 6.

Provide diagnostic screening, individualized curriculum, parent counseling, home teaching, supplementary classroom, activities, and staff training. They also have a program serving a portion of the San Juan County.

ELIGIBILITY: Handicapped children ages 3½ to 6.

ORGANIZATION:

NAME
ADDRESS

Navajo Vocational Rehabilitation Project
Toyei Opportunity Center & Sheltered Industries
Ganado, Arizona 86505

TELEPHONE
OFFICE HOURS

602/736-2511

SERVICES:

1) To expand and create employment and training opportunities for severely handicapped Navajos;

2) To develop a Navajo Nation program of vocational rehabilitation services with direct federal funding and independent of State Program; and

3) To initiate a program to support "maximum feasible independence" for severely handicapped persons on the reservation.

ELIGIBILITY:

Any individual that has a physical or mental disability which constitutes or results in a hardship to employment and vocational rehabilitation may reasonably be expected to benefit the individual in terms of employment.

ORGANIZATION:

NAME: St. Michael Special Education
ADDRESS: P. O. Box 34
St. Michaels, AZ 86511

TELEPHONE: 871-4871
HOURS: 24 hours

SERVICES: Provide correctional, therapeutic, residential, medical education and vocational activities for handicapped children.

Special Education is a non-profit corporation with a Board of Directors of which 1/2 are parents of the exceptional children. Presently there are 110 children at the school.

Self, parent and other agency referrals are made to screening/ evaluation process for admittance. There is a continual review of each child.

Cultural knowledge is taught by the Foster Grandparents Program. Silversmithing and crafts are also taught to students.

ELIGIBILITY: No discrimination.
Age 18 months to 21 years.

ORGANIZATION:

NAME
ADDRESS

San Juan Association for Retarded Citizens and
Services to the Physically Handicapped
101 South Locke - Suite C
Farmington, New Mexico 87401

TELEPHONE 505/327-1601

OFFICE HOURS 8:00 a.m. to 5:00 p.m.

SERVICES: The San Juan Association for Retarded Citizens and Services to the Physically Handicapped (SJ ARC-SPH) is providing a Day-Care Program for children, birth through age 5 and adults who are mentally disabled. These programs consist of an Infant Stimulation Entity, a pre-school, a Woodworking Shop and a Ceramics Shop. We refer to and receive referrals from Social Services, local doctors, San Juan Mental Health, our local Vocational Rehabilitation Field Office, public schools throughout the County and local concerned citizens and parents. We also provide free transportation for our clients.

ELIGIBILITY: Residents of San Juan County.

ORGANIZATION: Shiprock Boarding - Junior High School

NAME: Trainable Mental Handicapped School
ADDRESS: Shiprock, New Mexico 87401

TELEPHONE: 505/368-4416
HOURS: Open 24 hours

SERVICES: Residential, educational program for trainable physically and mentally handicapped children. The facility is equipped for 16 students.

The program provides: functional academic, arts & crafts, speech therapy, occupational and physical therapy.

The children are encouraged to go home on week-ends. Transportation is provided for students in Shiprock area.

ELIGIBILITY: 6-18 years of age.
Indian handicapped children. Shiprock Agency.

ORGANIZATION: U.S. Department of Health, Education & Welfare
U.S. Public Health Service

NAME Navajo Area Indian Health Service
ADDRESS Health Education Branch
P. O. Drawer G
Window Rock, Arizona 86515

TELEPHONE 602/871-5844/ 5845
OFFICE HOURS 8:00 a.m. to 4:45 p.m.

SERVICES: Plans, coordinates and provides health education services to staff and the public based on priority health needs and program objectives; provides consultation and evaluation of health education methods; provides training for staff and other agency staff in medical interpretation and health education methods.

Crownpoint - 505-786-5291

Fort Defiance - 602-729-5741

Kayenta - 602-697-3301

Shiprock - 505-368-4971

Tuba City - 602-283-6206

ELIGIBILITY: American Indian.

ORGANIZATION: Bureau of Indian Affairs

NAME: Branch of Housing Development
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-4027, 4029
OFFICE HOURS: 8:00 a.m to 5:00 p.m.

SERVICES: Branch of Housing Development provides technical assistance, expertise, and guidance with the introduction, implementation, development, administration and management of federal and non-federal housing and credit programs.

These include FHA and VA programs. Bureau of Housing Development (BHD) assists in designing, planning, constructing and financing housing for low income or other families. BHD is also concerned with improvement of existing housing and provision of rental housing.

Agency offices are located at:

Chinle, Arizona	: 602/674-5279, 5270
Crownpoint, New Mexico	: 505/786-5338, 5393
Fort Defiance, Arizona	: 602/729-5210
Shiprock, New Mexico	: 505/368-4302
Tuba City, Arizona	: 602/283-6367

For more information, contact your local agency office.

ELIGIBILITY: Varies with program.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME: Navajo Pre-Vocational Training Program
ADDRESS: P.O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE: 602/729-5251, 2493, 5292
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Training in construction trades while building homes, community buildings and related structures needed on the Navajo reservation. The training includes maintenance, electrician, and plumbing. Upgrade the living conditions of Navajo families.

ELIGIBILITY: The individual must have land and be in need of a house. The Community Action Community (CAC) or the Chapter NPVTP Supervisor, recommends the person to the chapter officials then the client files an application. Then the chapter officials presents the application at their chapter meeting where the community people vote on the application. This application is then turned in at the agency office. They send an instructor out to the site of the house to see if it is a feasible site. The instructor reports back to the agency office where the agency either approves or disapproves. Approximately 350 homes and 5 community buildings are completed each year by the trainees mainly depending on the funding.

ORGANIZATION: State Department of Economic Security

NAME / ADDRESS: Bureau of Mental Retardation
218 North LeRoux Street
P. O. Box 596
Flagstaff, Arizona 86002

TELEPHONE: 602/779-0202

OFFICE HOURS: 8:00 a.m. to 5:00 p.m. Monday thru Friday

SERVICES: The District Office, Bureau of Mental Retardation with Economic Security serves the counties of Yavapai, Navajo, Coconino, and Apache. Services to handicapped persons includes providing information regarding education, consultation, and referral.

ELIGIBILITY: Person has to be mentally retarded with I.Q. of 70 or below. No regard to race.

ORGANIZATION: Navajo Area Indian Health Service

NAME: Mental Health Program
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-5871 - NAIHS
HOURS: 8:00 am to 5:00 pm

SERVICES: Provide counseling to adults, adolescents and children in relation to mental health concerns.

Provide psychiatric evaluation when indicated; consult with various community organization regarding mental health aspects of their activities.

Mental Health Clinics are located at all the service units on the Navajo Reservation.

Chinle, AZ	602/674-5282
Crownpoint, NM	505/786-5291
Ft Defiance, AZ	602/729-5741, ext. 312, 313, 314
Kayenta, AZ	602/697-3211
Shiprock, NM	505/368-4967
Tuba City, AZ	602/283-6211, ext. 286

ELIGIBILITY: Indians of any Tribe and Commissioned Officers and their families, who needs assistance in regards to their mental problem.

ORGANIZATION:

NAME: SAN JUAN MENTAL HEALTH SERVICE, INC.

ADDRESS: 805 Municipal Drive - Room 109
Farmington, New Mexico 87401

TELEPHONE: 505/327-9825

OFFICE HOURS: 8:30 a.m. to 10:00 p.m.

SERVICES: Diagnosis and treatment of mental and emotional illness; counseling; community education programs; special youth services coordinating with schools and law enforcement; information and referral; liaison with New Mexico State Hospital; evaluation for learning disabilities; psycho-metric and psychological evaluations.

Community sponsored non-profit organization governed by Board of Directors.

Call for appointment. Intake interview with nurse is desirable.

ELIGIBILITY: Sliding fee scale - but no patient is turned away.

ORGANIZATION:

NAME
ADDRESS

Chinle Extended Care Facility
P. O. Box 918
Chinle, Arizona 86503

TELEPHONE
HRS:

(602) 674-5216
24 Hrs.

SERVICES:

To provide daily care of the elderly and provide short term nursing care for patients who can be rehabilitated to return to community life.
Patients (application) must apply through their local BIA Social Service Office and then to the Admission Committee which is in Chinle.

The Extended Care Facility has 79 bed capacity with traditional atmosphere: medical and individual care, meals and traditional ceremonies.

ELIGIBILITY:

Anyone regardless of race, creed, sex is eligible depending upon the type of care needed.

ORGANIZATION:

NAME
ADDRESS

Prairee Haven Home
121 East Gilmore
Winslow, Arizona

TELEPHONE
OFFICE HOURS

602/289-3401

SERVICES:

Care for elderly ambulatory people. Local transportation is provided for medical care. The facility is appropriate for elderly people who are able to take care of their own needs and not appropriate for those who require medical treatment.

For admittance, Indian patients have to contact their own Social Service Agency Office.

ELIGIBILITY:

Services not limited to age, race, or tribe.

PRIVATE HOSPITALS

1. Bataan Memorial Hospital
   5400 Gibson Blvd., SE
   Albuquerque, New Mexico 87108
   Telephone: 505-265-8561

2. Cibola General Hospital
   P. O. Box 1057
   Grants, New Mexico
   Telephone: 505/287-4446

3. Flagstaff Community Hospital
   1215 North Beaver
   Flagstaff, Arizona 86001
   Telephone: 602/774-5233

4. Holbrook Hospital
   500 East Iowa
   Holbrook, Arizona 86025
   Telephone: 602/524-3931

5. Monument Valley Adventist Hospital
   Box 9
   Monument Valley, Utah
   Telephone: 801/727-3291

6. Navajo Nation Health Foundation
   P. O. Box 457
   Ganado, Arizona 86505
   Telephone: 602/755-3411

7. Page Hospital
   P. O. Box 217
   Page, Arizona 86040
   Telephone: 602/645-2424

8. Rehoboth Christian Hospital
   Box 117
   Gallup, New Mexico 87301
   Telephone: 505-722-3881

9. San Juan Hospital, Inc.
   801 W. Maple St.
   Farmington, New Mexico 87401
   Telephone: 505-325-5011

10. Socorro General Hospital
    205 Neel Avenue N.W.
    Socorro, New Mexico 87801
    Telephone: 505/835-1140

11. Southwest Memorial Hospital
    925 South Broadway
    Cortez, Colorado 81321
    Telephone:

12. Winslow Memorial Hospital
    1501 N. Williamson
    Winslow, Arizona 86047
    Telephone: 602/289-4691

ORGANIZATION: The Navajo Tribe

NAME: Department on Aging
ADDRESS: P. O. Drawer E
Window Rock, Arizona 86515

TELEPHONE: 602/871-4941 ext. 566, 568
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES: Coordinates services to elderly Navajos of Utah, Arizona and New Mexico portions of the Navajo Reservation. Programs are administered under the Older American Citizens Act. Services includes Nutritional lunches for any person over 60 years of age and spouse. Lunches are served at the centers which are open 5 days a week, Monday thru Friday, 8:00 am to 4:00 pm. The Senior Citizens Centers in Arizona provide other services besides the meals which are: transportation, home delivered meals for the handicapped or disabled elderlies and social services, health services, recreation and shopping assistance, also outreach and in-home services. The senior centers are located in the following areas:

Serving NOON to 1:00 pm DAILY

ARIZONA

Chinle: Presbyterian Mission
Fort Defiance: Chapter House
Kayenta: Boarding School Cafeteria
Tuba City: Chapter House
Hardrock: Chapter House
Coalmine Mesa: Chapter House

NEW MEXICO

Tohatchi: Chapter House
Crownpoint: Chapter House
Churchrock: Chapter House

UTAH

Navajo Mountain: Boarding School
Oljato: Chapter House
Red Mesa: Chapter House
Mexican Water: Chapter House
Aneth: Boarding School

ELIGIBILITY: Persons 60 years of age and over including their spouse for lunches and connected services.

No regard to race, creed, religion, etc.
Donations are accepted.

ORGANIZATION:

NAME
ADDRESS

District Area Agency on Aging
300 West Hill Avanue
Gallup, New Mexico 87301

TELEPHONE
OFFICE HOURS

505/722-4327
8:00 a.m. to 5:00 p.m.
Monday thru Friday

SERVICES:

Provide a coordinated and comprehensive network of services to the elderly in San Juan and McKinley Counties. Comprehensive planning in fields of health, transportation, housing, nutrition (coordination only), social services. Implementation of information and referral systems.

In San Juan County and in Gallup only, the Agency has an R.N. that can see patients at home in crisis oriented only. Referrals are made from local physicians.

DAAA has centers with buses in Shiprock, Crownpoint, and Tohatchi.

ELIGIBILITY:

Anyone 60-years of age and older for the nutrition program; 55-years of age for others. Must reside within San Juan or McKinley Counties.

ORGANIZATION: Office of Navajo Economic Opportunity

NAME Foster Grandparents Program
ADDRESS P. O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE 729-2490
OFFICE HOURS 8:00 a.m. to 5:00 p.m. - Administration

SERVICES: To provide meaningful, part-time volunteer opportunities for low-income older persons to render supportive person-to-person services to children with exceptional needs. Services in Health Education and welfare and related settings at Day-Care Centers and Pre-schools. The grandparents can report to any school participating with this program anytime.

ELIGIBILITY: The eligibility for students in areas of special needs, i.e., motherless, fatherless, must be in need of parental guidance, mentally or physically deficient, and emotionally disturbed children. These students have to be less than 21 years of age. Teachers can make student referrals to participating grandparents. The grandparents have to meet the minimum age requirements of 60 years old.

ORGANIZATION: ONEO/Local Community Development Project

NAME
ADDRESS: Navajo Senior Community Service Project
P. O. Box 589
Fort Defiance, Arizona 86504

TELEPHONE
OFFICE HOURS: 602/729-5217, 5296, 2414

SERVICES: This program is connected with the National Council on Aging. Our program assists elderly people 55-years and older in providing transportation to and from clinics, stores, and other personal matters that need tending. They also assist as nutrition aids, assist alcoholism counselors, serve as information liaison and referral counselor. We employ senior citizens at BIA schools so they can be utilized to make known their knowledge and wisdom to young and old. These citizens work twenty (20) hours a week. Our staff and citizens attend chapter meetings and help develop ideas for senior citizens.

ELIGIBILITY: Person must be 55-years of age or older.

ORGANIZATION:

NAME
ADDRESS

Social Security Administration
P. O. Box 460
Window Rock, Arizona 86515

TELEPHONE
OFFICE HOURS

602/871-4346

SERVICES:

Provide services in filing claims for retirement, disability, survivors and medicare. Also take claims for SSI (Supplement Security Income) which is for the aged (65 years or older); blind and disabled people with limited income and resources.

The following are offices:

Chinle	:	602/674-3249
Crownpoint	:	505/786-5685
Gallup	:	505/863-9349
Shiprock	:	505/368-4554
Tuba City	:	602/283-5626

ELIGIBILITY:

ORGANIZATION: Arizona Department of Economic Security

NAME: Social Services
ADDRESS: 305 West Forest Avenue
Flagstaff, Arizona 86001

TELEPHONE: 602/779-3681
HOURS: 8:00 a.m. - 5:00 p.m.
Open 24 hrs. - Protection Services

SERVICES: Social Services provides adoption services, foster care, protection services for abused, abandoned, or neglected children and adults in hazardous situations. Home management and housekeeper for the elderly in their own homes. Families with children in need of medical care are usually referred to the county health department. Services are offered to all races, except Indians living on reservations.

ELIGIBILITY: Vary according to income and type of services.

ORGANIZATION: The Navajo Tribe

NAME: Bi-State Social Service
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-4941
HOURS: 8:00 am to 5:00 pm Monday thru Friday

SERVICES:

1) Family Planning - Counseling & medical service to help individuals who voluntarily wish to control family size.

2) Health Related - Assist eligible persons to obtain and/or secure appropriate health care & maintain an appropriate health regime.

3) Provide instruction and training in basic home making skills such as management of household budget, maintenance and care of home, preparation of food, nutrition, consumer education, child rearing, and health maintenance.

4) Housekeeper - Provide care for adults who are unable to carry out such activities for themselves.

5) Information & Referral - Assist all individuals who are in need of services in determing what services they need.

6) Social Problem Solving - Counseling

7) Transportation - Assist eligible persons in obtaining adequate means of transportation to needed services and activities.

Further information contact your local agency office:

Chinle, AZ	602/674-5611, 3511
Crownpoint, NM	505/786-5300
Fort Defiance, AZ	602/729-5798, 5778
Shiprock, NM	505/368-5080
Tuba City, AZ	602/283-6291, 6292

ELIGIBILITY: Indians only. Eligibility varies with income.

BIA Social Services are located at the following locations:

Chinle, Arizona	602/674-5225
Crownpoint, New Mexico	505/786-5225, 5227, 5283
Sub-Office/Dilcon, Arizona	
Sub-Office/Farmington, New Mexico	505/325-2823, 2824
Fort Defiance, Arizona	602/729-2470, 2658
Gallup, New Mexico	505/863-9529, 9520
Sub-Office/Kayenta, Arizona	602/687-3628
Sub-Office/Leupp, Arizona	602/686-6235
Shiprock, New Mexico	505/368-4433
Tuba City, Arizona	602/283-6356

ORGANIZATION: BUREAU OF INDIAN AFFAIRS

NAME / ADDRESS: Branch of Social Services
Navajo Area Office
Window Rock, Arizona 86515

TELEPHONE: 602/871-4097, 4098, 4088

OFFICE HOURS: 8:00 a.m. to 5:00 p.m.
Monday thru Friday

SERVICES: Through the Bureau of Indian Affairs, Branch of Social Services, the following services are provided:

1. General Assistance (see your local BIA Social Services Office).
2. Child Welfare Assistance:
   a. These are contracted with institutions for the care of handicapped children, retarded, foster care, and emergency care.
3. Special maternity care for unwed mothers.
4. Miscellaneous assistance which consists of burial assistance for the needy. This is contracted with the Navajo Tribal Welfare Department.
5. Family and Community Service:
   a. Counseling individuals of groups and stimulate and develop resources for the community.
6. Disaster Assistance
7. Care for the elderly: most of this is contracted with institutions of family to care for the elderly on or off the Reservation.
8. Itinerary services are provided from Crownpoint and Alamo and Canoncito. Ramah's service is from Gallup, New Mexico.

ELIGIBILITY:
1. Must be an Indian (member of a federally recognized tribe).
2. Must reside on or near the Navajo Reservation.
3. Must be in need of this service.
4. Must meet additional eligibility conditions for each of the specific programs of assistance or service.

ORGANIZATION: Flagstaff Indian Center

NAME: Native Americans for Community Action
ADDRESS: 15 North San Francisco

TELEPHONE: 779-1838
OFFICE HOURS: Monday thru Friday 8:00 a.m. to 5:00 p.m.

SERVICES: Has a job developer for people looking for jobs in the Flagstaff area. Has a Human Services Division which offers a Food Bank, Clothes Pantry and emergency food help; no regard to race. Social Services, Alcoholism counseling; and out-reach programs for Native Americans.

ELIGIBILITY: Services predominantly Native American, but is open to all races.

ORGANIZATION:

NAME
ADDRESS

L.D.S. Social Services also: L.D.S. Social Services
P. O. Box 176 Kyser Complex Bldg.-Suite 160
Chinle, Arizona 86503 300 West Arrington
Farmington, NM 87401

TELEPHONE 674-5721
OFFICE HOURS 8:30 a.m. - 4:30 p.m.
Emergency call above number after office hours.

SERVICES:

Provide for the needs of L.D.S. members and also non-members in areas of Social Services:

Indian Student Placement Services - L.D.S. members only.
Adoption - L.D.S. members only.
Foster Care - Child that needs special care upon family's request or referral from courts and other agencies.
Clinical Counseling.
Employment services - agency attempt to help people find employment also upgrade their occupational skills.
Unwed Mother Services - at natural home or foster care getting counseling, legal and medical services.
Alcohol Prevention & Treatment Program - through B.Y.U. showing films for community to see. Anyone wishing to receive the service should call or walk into our office for intake interview to determine need and eligibility.

ELIGIBILITY:

Placement services and adoption is for L.D.S. members only.
We serve the Arizona portion of Navajo and all Indian Reservations in Arizona including Holbrook, Winslow and Page communities.

Our Farmington Office takes care of all of New Mexico, southern Colorado and southeastern Utah.

ORGANIZATION: STATE OF NEW MEXICO (San Juan County)

NAME: Social Services
ADDRESS: 724 West Animas
Farmington, New Mexico 87401

TELEPHONE: 505/327-5316
OFFICE HOURS: 8:00 a.m.-5:00 p.m. Monday thru Friday

SERVICES: Provided are:
Counseling, arranging for help, and giving information in:

a) training and jobs;
b) money planning;
c) better housing;
d) protection
   1) for abused children and adult
   2) for neglected children and adults
e) health care
f) family planning
g) family problems
h) children's problems
   1) adoption
   2) day-care
   3) foster home care
i) help for older people
j) legal matters; and
k) rehabilitation.

ELIGIBILITY: Residents of San Juan County.

ORGANIZATION: The Navajo Tribe

NAME: Tribal Welfare Services
ADDRESS: Window Rock, Arizona 86515

TELEPHONE: 602/871-4941, 4944
HOURS: 8:00 a.m. to 5:00 p.m. (emergencies call Police Department)

SERVICES: The purpose of the Navajo Tribal Welfare Service Department is to provide ONLY emergency assistance to needy Navajos. Emergency financial assistance provides one time assistance only to meet emergency needs (in form of purchase orders or checks).

a. Help seek other resources for longer term assistance.
b. Maximum financial assistance is $50 (reservation only).

Shelter Assistance provides for:

a. Burn out victims or natural destruction of homes.
b. Disabled elderlies who occupy inadequate shelter.
c. Reservation Indians without adequate shelters.

Burn out Assistance provides for:

a. Only a relief for immediate household needs, clothing, cookware, blankets. Official accident report or verification has to be brought by clients.

Burial Assistance

a. Tribe provides assistance for transportation of remains to reservation, (for Navajos OFF RESERVATION).

b. BIA (under contract) provides burial and transportation assistance for Navajos on reservation.

ELIGIBILITY: Must have a census number and meet the eligibility requirements under income and/or resources.

INDIAN HEALTH CENTER - A facility, physically separated from a hospital, where one or more clinical treatment services, such as physician, dentist or nursing services, are available at least 40 hours a week for outpatient care.

INDIAN HEALTH STATION - A facility, physically separated from a hospital or health center, where one or more clinical treatment services, such as physicians, dentists or nursing services are available on a regularly scheduled basis but for less than 40 hours a week.

The following schedules of Health Centers and Health Stations is subject to change due to shortage of professional staff.

CHINLE SERVICE UNIT

Chinle Health Center
Chinle, Arizona 602/674-5282

Manyfarms Health Center
Manyfarms, Arizona 602/781-6241

Lukachukai Clinic - Tuesday, 9:00 am to 4:00 pm

Pinon Clinic - Monday and Friday, 9:00 am to 4:00 pm

Rock Point Clinic - Wednesday, 9:00 am to 4:00 pm

Rough Rock Clinic - 7 days a week, 8:00 am to 5:00 pm (Doctor available)

CROWNPOINT SERVICE UNIT

Baca Clinic - 4th Wednesday of the month, 10:00 am to 2:00 pm

Chaco Canyon Clinic - 2nd Thursday of the month, 10:00 am to 2:00 pm

Lake Valley Clinic - 3rd Thursday, 10:00 am to 12:00 noon
Well Baby Clinic

Pueblo Pintado Clinic - Every Monday & Wednesday, 10:00 am to 2:00 pm

Rincon Marcus Clinic - 3rd Thursday of the month, 10:00 am to 2:00 pm

Standing Rock Clinic - 4th Wednesday of the month, 10:00 am to 2:00 pm

Thoreau Clinic - 3rd Thursday, 10:00 am to 12:00 Noon
Well Baby Clinic

FORT DEFIANCE SERVICE UNIT

Lower Greaswood Health Center
Lower Greaswood, Arizona 602/654-3206

Navajo Clinic - Monday, Wednesday, Friday, 9:00 am to 4:00 pm
MCH Tuesday morning
Dentist - 5 days a week

Toyei Clinic - Tuesday only, 9:00 am to 3:00 pm
Dental clinic - 8:00 am to 4:00 pm Daily Mon. Thru Friday

GALLUP SERVICE UNIT

Tohatchi Health Center
Tohatchi, New Mexico 505/733-2244

Fort Wingate Health Center
Fort Wingate, New Mexico 505/488-5481

Pindale Clinic - Every other Thursday, 9:00 am to 4:00 pm

Pinetree Clinic - Every Thursday, 9:00 am to 4:00 pm

KAYENTA SERVICE UNIT

Kayenta Health Center
Kayenta, Arizona 602/697-3211

Dennehotso Clinic - Tuesday and Thursday, 9:00 am to 4:00 pm
Well baby clinic - 4th Friday of the month, 9:00 am to 4:00 pm

KEAMS CANYON SERVICE UNIT

Low Mountain Clinic - Tuesday and Thursday, 9:30 am to 12:00 noon

White Cone Clinic - Monday 9:30 am to 12:00 noon

SHIPROCK SERVICE UNIT

Teec Nos Pos Health Center
Teec Nos Pos, Arizona 602/656-3293

Sanostee Clinic - Monday & Thursday, 10:00 am to 2:30 pm

Toadlena Clinic - Tuesday 10:00 am to 2:30 pm

TUBA CITY SERVICE UNIT

Shonto Health Center
Shonto, Arizona 602/672-2361

Dinnebito Clinic - Monday, Tuesday, Thursday, Friday 8:00 am to 5:00 pm

Greymountain Clinic - Every other Tuesday, 9:00 am to 4:00 pm

Kaibeto Clinic - Monday and Thursday, 10:00 am to 3:00 pm

Red Lake Clinic - Every Friday, 9:00 am to 4:00 pm

WINSLOW SERVICE UNIT

Dilkon Health Center
Dilkon, Arizona 602/657-3202

Leupp Clinic - Monday, Wednesday, Thursday, Friday 10:00 am to 3:00 pm
Tuesday 1:00 pm to 3:30 pm

PUBLIC HEALTH SERVICE INDIAN MEDICAL CENTER

A hospital which provides comprehensive health services to beneficiaries residing in a number of service units or areas.

Gallup Indian Medical Center
Gallup, New Mexico 505/863-3811

PUBLIC HEALTH SERVICE INDIAN HOSPITAL

A facility that has beds available 24 hours a day for the treatment and care of beneficiaries.

Crownpoint Indian Hospital
Crownpoint, New Mexico 505/786-5291

Fort Defiance Indian Hospital
Fort Defiance, Arizona 602/729-5741

Shiprock Indian Hospital
Shiprock, New Mexico 505/368-4971

Tuba City Indian Hospital
Tuba City, Arizona 602/283-6211

Winslow Indian Hospital
Winslow, Arizona 602/289-4646

Keams Canyon Hospital
Keams Canyon, Arizona 602/738-2211

Utah Navajo Development Council
P.O. Box 821
Blanding, Utah 84511 801/678-2526

CLINICS

Mexican Hat Clinic 801/739-4202
Mexican Hat, Utah 5 days a week, 8:00 am to 5:00 pm

801/651-3414
Montezuma Creek Clinic
Montezuma Creek, Utah 5 days a week, 8:00 am to 5:00 pm

Navajo Mountain Clinic 602/283-5487
Navajo Mountain, Arizona 5 days a week, 8:00 am to 5:00 pm

APPENDIX I
List of County Health Department

Apache County Department of Public Health
P. O. Box 697
St. Johns, Arizona 85936
602/337-4362, ext. 16 or 17

Coconino County Department of Public Health
2500 North Fort Valley Road
Flagstaff, Arizona 86001
602/774-0621

Branch Offices: East Flagstaff Annex: 2304 N. 3rd
774-5011
South Flagstaff Annex: 113 West Clay
774-5011, ext 222, 223, 224
Williams Office: 103 S. Third St.
635-2266
Page Office: 549 S. Navajo Blvd.
645-9331
Fredonia Office: Part-time, call first
643-2709

McKinley County Department of Public Health
105 North Second Street
Drawer 1300
Gallup, New Mexico 87301
505/722-4391

Montezuma County Department of Public Health
Courthouse - Room 204
Cortez, Colorado 81321
303/565-3056

Navajo County Department of Public Health
Behind the Old Courthouse
Holbrook, Arizona 86025
602/524-3562

San Juan County Department of Public Health
620 South Lake Street
Farmington, New Mexico 87401
505/325-4537

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